



## **CODE OF ETHICS AND REGULATIONS OF THE BIODANZA BALTIC SCHOOL SRT – RIGA – LATVIA**

**Director: Marcus Stueck**

U.K.I.N. Biodanza Association  
(Great Britain, Norway, Sweden, Belgium, and Latvia)  
School website: [www.biodanza.lv](http://www.biodanza.lv)  
School secretary's email: [info@biodanza.lv](mailto:info@biodanza.lv)  
School director's email: [marcusstueck@gmail.com](mailto:marcusstueck@gmail.com)

The Baltic School of Biodanza adheres to the Code of Ethics and regulations developed by the U.K.I.N. Biodanza Association (Great Britain, Norway, Sweden, Belgium, Latvia) following the structure of rules of the International Biocentric Federation (IBFed).

### **PART 1 – GENERAL PRINCIPLES:**

Art.1 - The IBFed-Code of Ethics (see Extra file) outlines the principles and rules that students and teachers of the Baltic Biodanza School in Riga must observe in their professional practice, regardless of their objectives or legal form. All students and facilitators are bound by the IBFed Code of Ethics.

Art.2 - Biodanza facilitators are those who have obtained the qualifying title at a School authorized by the IBFed - International Biocentric Federation.

Art.3 - Biodanza facilitators and students are required to familiarize themselves with, accept, and adhere to the rules set out in this Code. Lack of awareness of these rules does not exempt them from responsibility. In cases of non-compliance, appropriate measures will be taken.

Art.4 - Biodanza facilitators recognize that the purpose of their work lies in the field of well-being. Their role is to stimulate people's vital resources, enhancing their quality of life by promoting integrated lifestyles that respects both others and the environment.

Art.5 - In the practice of their profession, Biodanza facilitators respect the dignity, confidentiality, self-determination, and autonomy of all participants. They do not discriminate on the basis of religion, ethnicity, nationality, social or economic background, age, gender, sexual orientation, or disability.

Biodanza facilitators use the integration of music, movement, and vivencia as a fundamental tool of the profession, upholds the Biocentric Principle as a core value, and follows the methodology of the Biodanza System developed by Rolando Toro Araneda.

Art.6 - Biodanza facilitators are required to maintain an adequate level of professional competence and to keep up to date by periodically attending training programs. They shall recognize the limits of their competencies and use only theoretical and practical tools for which they have acquired adequate competence and, where necessary, formal authorization (extensions and applications of Biodanza).

Biodanza facilitators shall take care not to create unrealistic expectations among participants and shall ensure that all initiatives are accurately and responsibly presented in their advertisements and other presentations.

Art.7 - In collaboration with professionals from other disciplines, public institutions, medical, social-health, and educational facilities, Biodanza facilitators exercise full professional autonomy while respecting the expertise of others, promoting multidisciplinary interventions.

Art.8 - Biodanza facilitators are strictly bound to professional confidentiality. They shall not disclose any information, facts, or details learned through their professional relationship with participants and shall encourage participants to maintain similar confidentiality regarding experiences in sessions, workshops, and seminars, projects.

Art.9 - For the protection of participants and the profession, Biodanza facilitators are required to maintain appropriate confidentiality regarding the use of cognitive and intervention tools that are reserved for professional practice.

Art.10 - Biodanza facilitators shall refrain from engaging in or continuing professional activities if personal issues or conflicts may compromise the quality or effectiveness of their services, potentially making them inadequate or harmful to participants.

Art.11 - It is up to the facilitator to determine the fee, guided by principles of fairness and recognition of the value of the service provided, while respecting the work of other facilitators.

Biodanza facilitators may provide their services for a reduced fee or free of charge only in specific and justified circumstances.

Art. 12 - Relationships among facilitators should be guided by mutual respect and appreciation for each other's professional activities, characterized by integrity, loyalty, professional solidarity, and good faith.

Facilitators shall refrain from publicly making negative judgments about colleagues regarding their training, qualifications, or professional competence, and shall avoid any statements that could harm a colleague's dignity or professional reputation.

Biodanza facilitators may promote their own initiatives during an activity led by a colleague only if they have requested and obtained that colleague's prior consent.

Art.13 - When communicating their initiatives (brochures, websites, media interviews, etc.), Biodanza facilitators shall present themselves accurately and appropriately by:

1. Representing their professional identity correctly, avoiding misuse of the term "Biodanza" in connection with cities, provinces, or regions (e.g., "Biodanza in Riga" is acceptable, but "Biodanza Riga" is not).

2. Representing their training, experience, and competence truthfully, avoiding misleading or inappropriate claims. Facilitators recognize it as their duty to encourage participants to develop their vital resources and improve their quality of life.

Communication by Biodanza facilitators must reflect professional decorum, methodological rigor, and a commitment to protecting the integrity and image of the profession.

Art.14 - The IBFed will take charge, with its statutory organs (IBF-Assembly, IBF-Presidency, Board of Directors, Ethic Commission, Methodological Commission, Facilitator Association), of promoting the knowledge and observance of the norms of IBFed Code of Ethics. It shall keep members informed about compliance levels, support updates to the Code when necessary. And, in accordance with the Association's statutes and regulations, manage any non-compliance or conflicts and propose appropriate sanctions.

## **PART 2 – SPECIFIC SCHOOL PRINCIPLES**

### **Art.1 ADMISSION TO THE SCHOOL**

Anyone wishing to enroll in the School should contact the School Secretary at [info@biodanza.lv](mailto:info@biodanza.lv) to receive detailed information about the program, location, schedule, and overall structure of the training.

### **Art.2 HOW TO LEARN**

Learning at the School occurs through personal and group experiences. Photography, video or audio recording, and note-taking are not allowed during experiential sessions (Vivencia). Note-taking is, however, permitted during theoretical lessons.

The term Biodanza is a globally registered trademark. Leading Biodanza sessions or using the name Biodanza for any activity is prohibited until the individual has officially obtained the title of Biodanza Facilitator under Supervision or the final IBFed Biodanza Facilitator certification. The name Biodanza is a trademark and must not be translated or altered in any way.

### **Art.3 STRUCTURE OF THE SCHOOL**

TWO-YEAR AND A HALF OF THEORETICAL-EXPERIENTIAL PERSONAL GROWTH:

The School certifies only the participation (recorded in a student book) for the first two and a half years of attendance, which includes 22 modules, plus seminars and evaluations, aimed at providing both theoretical knowledge and experiential personal growth.

At the end of this period, the student will be interviewed to evaluate whether or not student will continue with the third year of the School, which focuses on theoretical, methodological, and experiential training.

In the third year of the School, the *Biodanza Methodologies* cycle begins, consisting of 8 modules. These modules provide the education and training necessary for the professional preparation of Biodanza facilitators. All *Biodanza Methodology* modules are mandatory and must be paid for, even if a student is unable to attend a session.

Any missed school module must be repeated, with the schedule arranged in agreement with the School Management. All school modules must be fully paid before

the final thesis presentation. If this requirement is not fulfilled within one year after completing the supervision year (which begins when students receive authorization to be a Biodanza Facilitator under Supervision), all methodology modules must be repeated.

The School also offers (1) projects/seminars and (2) evaluation modules that are mandatory (4 projects/seminars and 4 evaluation modules), preparatory, essential for the completion of the training:

- 4 theoretical and experiential projects/seminars on Biodanza educational topics (e.g., Autobiography, Maturana, Minotaur Project experiences, Tree of Desire).
- 4 evaluation modules (Dance 1, Dance 2, Final Work, Ethical Code)."

Participation in the Biodanza Camp held in July is recommended annually, while attendance at the Biodanza Festival in spring is recommended every two years. The Festival is organized in collaboration with the Latvian Biodanza Facilitator Association.

Each Biodanza module is structured into theoretical components and experiential components (Vivencia), with a total duration of fifteen hours per module.

Educational training handouts covering the topics of each school module will be provided.

Students are also advised to obtain the School's textbook: *"Who Speaks with the Roses"* by Rolando Toro.

Students are required to produce written reports or homework after each module, reflecting on the theoretical and experiential topics covered.

Students are required to continue attending the weekly Biodanza sessions, led by a Didactic Teacher, Tutor (supporting Biodanza Facilitator), or certified Biodanza Facilitator, to ensure continuity in their training. Absences from the weekly sessions must be justified.

#### **Art.4 MODULES AT THE BALTIC BIODANZA SCHOOL IN RIGA**

1. Definition and Theoretical Model of Biodanza, Part 1
2. Definition and Theoretical Model of Biodanza, Part 2
3. The experience -VIVENCIA
4. Biological Aspects of Biodanza
5. Identity and Integration
6. Psychological Aspects of Biodanza
7. Vitality
8. Trance and Regression
9. Physiological Aspects of Biodanza
10. Creativity
11. Contact and Caress
12. Affectivity
13. Mythical and Philosophical Antecedents of Biodanza
14. Transcendence
15. Biocentric Principle and Vital Unconscious
16. Sexuality
17. Social Action
18. Human Movement

19. Mechanisms of action
20. Biocentric Education
21. Applications and extensions of Biodanza
22. Biodanza "Ars Magna"
23. Methodology I (Musical Semantics)
24. Methodology II (The Biodanza Session)
25. Methodology III (The Biodance Session)
26. Methodology IV (The Weekly Course and the Biodanza Workshop)
27. Methodology V (The Biodanza Group Dynamics)
28. Methodology VI (Criteria of Evaluation of the Evolutionary Process in Biodanza)
29. Methodology VII (Official List of Biodanza Exercises, Music and Deliveries) Part 1
30. Methodology VIII (Official List of Biodanza Exercises, Music and Deliveries) Part 2

31.32.33.34 Projects/Seminars on special Biodanza projects (Minotauro/Tree of desire, Autobiography) and Lectures (Maturana) related to Biodanza theory. These projects/lectures cannot be missed (the one-module absence rule does not apply in this case.)

35.36.37, 38. Evaluation modules (Dance 1, Dance 2, Final work, Ethical Code/Last module). These modules cannot be missed (the one-module absence rule does not apply in this case.)

Modules 1-38. are mandatory. The following additional modules are recommended:

39./40. Biodanza Camp and the Biodanza Festival or other national or inter-national Plenary event that in the unquestionable judgement of the Teaching Board has such educational value, has to be included in the annual school calendar

### **Art.5 STUDY AND REFLECTION GROUP (optional)**

The school promotes theoretical, vivencial and reflection groups aimed at accompanying the training process.

The reflection group takes place in the week following each module, with the purpose of deepening students' understanding through reflection on their experiences and emotional responses during and after the school module, while offering a supportive environment for their continued growth.

The Reflection Group is led by the Didactic Teacher who conducted the school module and takes place the week following each module. Its purpose is to help students elaborate on and reflect upon their experiences and feelings during and after the teacher-led workshop, providing a supportive space for personal and professional growth.

In Study Groups, students are given the opportunity to deepen and clarify their understanding of the Biodanza theoretical model, facilitate the preparation of monthly reports, and address any questions related to experiential (vivencial) or methodological aspects.

Study Groups are self-organized and led by the students. Any questions or topics arising can be discussed during the next school module.

### **Art.6 STUDENTS ATTENDANCE OBLIGATIONS**

Upon enrolment, each student receives an Attendance Book, which must be signed

by the Director or the Didactic Teacher responsible for each school module.

Participation in the School entails monthly modules amounting to approximately 15 hours, scheduled over the weekend:

- Saturday (10:00 a.m.–7:00 p.m.)
- Sunday (10:00 a.m.–5:00 p.m.).

Attending only one day of the school module is not permitted. Presence on both Saturday and Sunday is mandatory for the module to be recognized as completed.

Each module must be paid for, regardless of attendance.

However, each student is allowed to miss one school module per year without charge.

If a student wishes to attend this missing module in the next cycle, payment will be required. Exceptions may be discussed individually with the Director. Students must notify the School Secretary of their absence at least two days before the module.

During the training, Friday Biodanza sessions will be offered free of charge. Attendance is recommended.

During the final year of the school program, 10 Biodanza weekly sessions will be offered on Fridays. Attendance is mandatory and also free of charge for enrolled school students. These are model sessions based on the principles of “Classical Biodanza” and will be documented. The description of these 10 weekly sessions will be provided to students upon successful completion of the supervision phase.

Recovery of missed modules: Any module not attended can be made up in the next training cycle, or an individual solution can be arranged in agreement with the School Management.

Attending/repeating module at another school is only permitted as an exception and requires prior approval from the director of the Baltic Biodanza School. In such cases, Marcus Stueck will coordinate the arrangement directly with the director of the other school; students are not responsible for this process.

All modules must be recorded and signed in the student book, including homework submissions and payment confirmation.

## **Art.7 SUPERVISIONS AND QUALIFICATION EXAM AS A BIODANZA FACILITATOR**

To obtain the qualification of Biodanza Facilitator, students must, after completing the three-year training program, undergo supervision to develop the skills required to lead a Biodanza group as a Facilitator.

Students receive permission to lead their weekly Biodanza sessions by receiving the certificate “*Biodanza Facilitator under supervision*”. This certificate is valid for 1 year. The final work must be completed within one year; otherwise, the student will be required to repeat all eight methodology modules and will not be permitted to continue leading a group under the name Biodanza.

During Supervision, students must lead a minimum of eight sessions, all of which will be supervised by Supervisors approved by the School.

The Supervisions are divided into:

- four group supervisions. Four group supervisions involve each student preparing and leading a full session for participants during the School's group supervision module. Each group supervision module will include a maximum of four students presenting their sessions.
- four individual supervisions. Four individual supervisions must be completed during the school supervision year as a "Biodanza Facilitator under Supervision." Whenever possible, they should be scheduled at a regular interval, in agreement with the School Supervisor. The four individual supervisions involve preparing a session to be led during a weekly Biodanza session. Only in cases where the supervisor(s) cannot be physically present, supervision via Zoom will be considered valid. Each of the four supervisions must follow the lines of Affectivity, Creativity, Vitality, and Sexuality.

The line of Transcendence may be chosen during the school group supervision module or in agreement with the supervisor.

If, after the eight supervised sessions, the responsible supervisor's assessment indicates that there are still areas needing improvement, the School Management will require additional supervised sessions with the same supervisor.

Any advertisement created by a Biodanza Facilitator under Supervision must be submitted to the supervisor for approval. This informational flyer (brochure or leaflet), designed to promote the facilitator's own Biodanza activities (e.g., weekly sessions), must adhere to the template or design standards provided by the School and include the Biodanza System Rolando Toro logo.

Each supervision cost 150 Euro. All supervisions have to be signed in the student book.

To receive the official IBFed Certificate, all school modules (including methodology modules, evaluation-modules, projects/seminars) must be paid for, as well as any school modules the student missed (except for the one seminar per year that students are allowed to miss). An overview of the completed school modules can be found in the student book or will be provided by the School Management in table form.

In the final module (Module 38), individual solutions for completing the content of missed modules will be discussed with each student.

If all requirements are fulfilled (8 supervisions, completion of missed modules, and payment) within one year after completing the final seminar (Seminar 38), the student will be granted permission to give their final presentation and submit their final work. The work on the final work can start after the student receive the certificate "Biodanza fascilitator under supervision".

At the end of the education (38 School modules, including 4 projects/seminars, 4 evaluation modules, and 4 Group Supervisions, plus 4 Individual Supervisions) after 1 year, it is mandatory to produce final work on a subject approved by the School.

The title "Biodanza Facilitator under Supervision" may only be held for up to one year from the date of receiving the title until the submission of the final work. If this deadline is exceeded, the eight methodology modules must be repeated (at 50% of the original cost), and the individual will not be permitted to continue leading any Biodanza sessions under the name "Biodanza."

## **Art.8 THE FINAL WORK PRESENTATION EXAM FOR THE QUALIFICATION AS A BIODANZA FACILITATOR**

The final work presentation ceremony is attended by the Director of the School, the School's Didactic Teachers, and/or an additional Didactic Teacher from the IBFed Network Association.

The final work, presented by the student at the end of the training, may be:

- Compilative, offering a reflective analysis on a specific topic within the theoretical model of Biodanza; or
- Experimental, based on the student's own experience with a training group.

The chosen subject must be approved by the School Management.

Throughout the preparation of the final work, the Didactic teacher accompanying the trainee during supervision is responsible for guiding the process and providing feedback on the various drafts. The fee for this guidance should be agreed directly with the Didactic teacher.

The final work must be submitted within one year of receiving the title Biodanza Facilitator under Supervision to the School Organizer (Linda Tabore) by email in PDF format (info@biodanza.lv). The submission of the final work must be made at least four weeks before the presentation.

The final work may be written in Latvian, Russian, or any other language, but it must be translated into English.

The final work must be at least 20 pages in length and also include a one-page abstract in English.

A fee of 150 Euro is required for the presentation of the final work at the titling examination and the titulation ceremony. For further details, please contact the School Management.

Before the titling ceremony, the IBFed Code of Ethics (provided in the final Seminar 38) must be signed by the teacher.

Candidates are required to wear white clothing to the ceremony.

## **Art.9 THE BIODANZA FACILITATOR DIPLOMA**

Upon successful completion of the training programme established by the School, the International Biocentric Federation (IBFed) awards the Biodanza Facilitator Diploma. The diploma is granted following the presentation and approval of the final work.

The Biodanza Facilitator Diploma entitles the holder to the following:

- 1 - Use the name "Biodanza Sistema Rolando Toro" and its trademark both registered by Prof. Rolando Toro worldwide, always considering the correct application of the Biodanza System; The name Biodanza must be used by all fascilitators, regardless the language in which you are teaching.
- 2 - Apply the Biodanza System and methodology as taught in the Schools founded by Prof. Rolando Toro, using the exercises he created and structured according to the Biocentric Principle and his Theoretical Model.
- 3 - Practice professionally as a Biodanza Facilitator in any country worldwide.

4 - Establish private Biodanza centres to conduct weekly Biodanza sessions and/or seminars.

5 - Lead Biodanza groups within private or public institutions.

6 – Promote and advertise Biodanza through newspapers, magazines, and other media channels.

7 – Participate in Biodanza Extensions and further training programmes worldwide.

#### **Art.10 ENROLMENT AND ATTENDANCE COSTS**

- The enrolment in the Baltic Biodanza School is free of charge, as decided by the Management.

- The information about the cost of attendance for each School Modules is given at the time of enrolment.

#### **ART.11 CANCELLATION AND SUSPENSION FROM THE SCHOOL**

If a student decides, for any reason, to interrupt or suspend their studies, they must provide at least three months' notice by sending an email to the School Secretary and having a meeting with the Director, either online or in person. Exceptions may be considered on a case-by-case basis in consultation with the Director.

Our School is founded on respectful communication. Therefore, a withdrawal cannot be made through a simple message: it should be announced in person, accompanied by a face-to-face conversation, and then formalised through the School Office.

#### **ART.12 DIFFERENT TRAINING COURSES (TRANSFER FROM OTHER SCHOOLS/RECONCILIATION OF COURSES)**

For students coming from other schools of the IBFed Network, it is required the Transfer authorisation from the Director of the School of origin.

Likewise, students wishing to transfer from this School to another must obtain written authorisation from the Director of this School.

Students who wish to resume their training path — either in this School or another IBFed School — after a period of absence, with the intention of obtaining the Biodanza Facilitator qualification, must:

- Attend a number of school modules as determined by the Teachers' Board, in consultation with the student.
- The number and type of required modules will be evaluated on a case-by-case basis to ensure both didactic coherence and up-to-date training.
- Re-attended school modules will be charged at half the regular fee.

#### **ART.13 PERMANENT TRAINING AT THE BALTIC BIODANZA SCHOOL FOR FACILITATORS**

Access to School modules of the School is available to qualified Biodanza Facilitators.

The Baltic Biodanza School highly values the principle of ongoing professional development and, to support this, offers the entitled facilitators following:

- A 50% reduction in the attendance fee for participation in the modules of the School.  
This reduction applies only to fully qualified facilitators, not to trainee facilitators.

#### **Art.14 DIDACTIC TEACHERS AND TUTORS**

In the Baltic Biodanza School there are Didactic teachers who can teach School modules, supervise students during their supervisions and assist them in their final work.

There are as well Tutors who support students during School modules and in the preparation of their homework after each module.

Didactic Teachers and Tutors play a fundamental role in the School. They provide support, share their expertise, experience, and knowledge, and work in close cooperation with the Director.

***“In order to build a respectful community and grow together it is important to set some rules to live in harmony, in cooperation and to receive an organic and functional asset from the Biodanza education.”***

Reviewed: 24 October 2025