

**CODE OF ETHICS AND REGULATIONS OF**

**THE BIODANZA BALTIC SCHOOL SRT – RIGA – LATVIA**

**Director: Marcus Stueck**

German – Austrian – Latvian Biodanza Association.e.V.

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The Baltic School of Biodanza adheres to the Code of Ethics and regulations developed by the German - Austrian - Latvian Biodanza Association.e.V. following the structure of rules of the International Biocentric Federation (IBFed).

**PART 1 – GENERAL PRINCIPLES:**

Art. 1 - The Code of Ethics is the set of principles and norms that the Biodanza Facilitator who is a member of the German - Austrian - Latvian Biodanza Association.e.V., must observe in the exercise of the profession, whatever the aim and legal status in which it is carried out.

The fulfillment of the norms contained in this Code serves as a basic support to the associative consciousness and to strengthen the professional figure and the social image of the Biodanza facilitator in order to achieve a better well-being for the community.

Art. 2 - Biodanza facilitators are those who have obtained the qualifying title at a school authorized by the IBFed - International Biocentric Federation.

Art. 3 - The Biodanza facilitator is obliged to know, subscribe to and abide by the rules contained in this Code in order to be or remain a member of the German - Austrian - Latvian Biodanza Association.e.V. Their ignorance does not exempt him/her from the related responsibilities and the non-compliance will give rise to actions that will protect the community, the other member facilitators and the Rolando Toro Biodanza System, as provided for in the various statutory regulations.

Art. 4 - The Biodanza facilitator recognizes the purpose of his or her work in the area of Well-being, as his or her task is to stimulate people's vital resources, facilitate the improvement of the quality of life by promoting integrated lifestyles that respect others and the environment.

Art. 5 - In the practice of the profession, the Biodanza facilitator respects the dignity, right to confidentiality, self-determination and autonomy of those who avail themselves of his or her work. He or she does not discriminate on the basis of religion, ethnicity, nationality, social background, socioeconomic status, age, gender, sexual orientation, or disability.

The Biodanza facilitator assumes as a specific tool of the profession the articulation among music, movement and vivencia, recognizes as a founding value of her/his behavior the Biocentric principle and respects the Biodanza System of Rolando Toro Araneda.

Art. 6 - The Biodanza facilitators are required to maintain an adequate level of professional preparation and to keep up to date by periodically attending training stages. They will recognize the limits of their competencies and will, therefore, use only theoretical-practical tools for which they have acquired adequate competence and, where necessary, formal authorization.

The Biodanza facilitator will take care not to raise, in the expectations of participants, unfounded expectations, paying particular attention to properly advertise their initiatives.

Art. 7 - In collaborating with professionals of other disciplines, with public institutions, medical structures, social-health and educational facilities, the Biodanza facilitator exercises full professional autonomy while respecting the competencies of others, favoring multidisciplinary interventions.

Art. 8 - The Biodanza facilitator is strictly bound to professional secrecy. Therefore, he/she does not reveal news, facts or information learned based on his/her professional relationship, and promotes in participants similar behavior of confidentiality about what happens during sessions, workshops and seminars.

Art. 9 - The Biodanza facilitator, for the protection of the users and the profession, is required to maintain appropriate confidentiality about the use of cognitive and intervention tools reserved for the profession.

Art. 10 - The Biodanza facilitator refrains from engaging in or continuing his or her professional activity where his or her own personal problems or conflicts can interfere with the effectiveness of his or her services, by making them inadequate or harmful to the people to whom they are directed.

Art. 11 - It is at the discretion of the facilitator to determine the fee, within the limits of what is established by the rates periodically defined by the Association, drawing inspiration from criteria of equity and recognition of the value of the service offered, respecting the work of other facilitators.

Only in particular and justified cases may he/she provide his/her work for a token fee or even free of charge.

Art. 12 - Relationships among facilitators shall be guided by the principles of mutual respect and consideration of each other's professional activities; they shall be marked by utmost fairness, loyalty, professional solidarity and good faith.

The facilitator shall refrain from publicly making negative judgments about colleagues related to their training and preparation or expressing any judgment that damages the dignity of the person and professional reputation.

The Biodanza facilitator may promote his or her own initiatives during the course of an activity held by a colleague only if he or she has asked for and obtained his or her consent.

Art. 13 - The Biodanza facilitator, in communicating his/her initiatives (brochures, web pages, media interviews), presents in a correct and appropriate way: 1. His/her professional identity, avoiding the abusive use of the term Biodanza associated with city, province or region; 2. His/her training, experience and competence, avoiding improper suggestions. She/he recognizes as her/his duty to stimulate in people the development of their vital resources and the improvement of lifestyle.

The style of communication must be inspired by criteria of professional decorum, methodological seriousness and protection of the image of the profession.

Art. 14 - The Biodanza Association will take charge, with its statutory organs (IBF-Assembly, IBF-Presidency, Board of directors, Ethic commission, Teacher association), of promoting the knowledge and observance of the norms of this Code of ethics, keeping members informed on the level of adherence and observance, promoting its possible updating. With the association and statutory regulations, any non-compliance or conflicts will be managed and sanctions to be applied will be proposed.

**PART 2 – SPECIFIC SCHOOL PRINCIPLES**

Art.1 WAY OF ACCESSING THE SCHOOL

The person who would like to enrol in the school needs to send an email to the following address of the school email: [info@biodanza.lv](mailto:info@biodanza.lv) in order to get information about the school program, location, schedule and development.

Art.2 HOW THE SCHOOL IS ARTICULATED

TWO-YEAR AND A HALF OF THEORETICAL-EXPERIENTIAL PERSONAL GROWTH**:**

The school certifies only the participation (by a student book provided) for the first two-year and a half attendance (22 modules) with the objective to receive a theoretical and experiential personal growth.

At the end of this period the student will be interviewed to evaluate whether or not to continue with the third year of the school (theoretical-methodological-experiential).

In the third year of the school it starts the cycle of modules called “Biodanza Methodologies” (8 modules) which aim to provide education and training for the professional preparation of the Biodanza teacher.

The school offers as well seminars that are preparatory, essential and recommended for the completion of the training:

* 3 Seminars (theoretical and experiantial seminars) about Biodanza educational topics.
* 3 special-topic-seminars (evaluation seminars and one/two Minotauro project experiences).
* Every year the participation to the Biodanza camp in july and to the Biodanza festival in april, this last one is organized in cooperation with the Latvian Biodanza teacher association.

The Biodanza module is structured by parts dedicated to theory, and by parts dedicated to experience (Vivencia), with a didactic amount of fifteen hours per module.

Education training handouts relating to the topics of each seminar will be provided.

Trainees are required to obtain the school's textbook: “Who speaks with the roses” by Rolando Toro (it can bought in the school website).

The student is required to produce written or drawn reports/homework after each module referring to the theoretical/experiential topics covered in each workshop.

The student is required to continue attending the weekly class, led by one of the school's didacta or tutor or certified teacher to guarantee the training process. Absences from the weekly course must be justified.

Art.3 FORMATIVE OFFER PLAN MODULES

1. Definition and theoretical model of Biodanza part 1
2. Definition and theoretical model of Biodanza part 2
3. The experience -Vivencia
4. Biological aspects of Biodanza
5. Identity and integration
6. Psychological aspects of Biodanza
7. Vitality
8. Trance and regression
9. Physiological aspects of Biodanza
10. Creativity
11. Contact and caress
12. Affectivity
13. Mythical and philosophical antecedents of Biodanza
14. Transcendence
15. Biocentric principle and vital unconscious
16. Sexuality
17. Social action
18. Human movement
19. Mechanisms of action
20. Biocentric education
21. Applications and extensions of Biodanza
22. Biodanza “Ars Magna”
23. Methodology I (Musical Semantics)
24. Methodology II (The Biodanza session)
25. Methodology III (The Biodance session)
26. Methodology IV (The weekly course and the Biodanza workshop)
27. Methodology V (The Biodanza group dynamics)
28. Methodology VI (Criteria of evaluation of the evolutionary process in Biodanza
29. Methodology VII (Official list of Biodanza exercises, music and deliveries) Part 1
30. Methodology VII (Official list of Biodanza exercises, music and deliveries) Part 2

31.32.33. Lecture seminars on theoretical topics related to Biodanza theory.

34.35.36. Evaluation seminars and one/two Minotauro project.

37.38. Biodanza camp and the Biodanza festival or other national or inter-national plenary event that in the unquestionable judgement of the Teaching Board has such educational value, has to be included in the annual school calendar.

Art.4 STUDY AND REFLECTION GROUP (facultative)

The school promotes theoretical, vivencial and reflexion groups aimed at accompanying the training process.

The reflection group is held by the didacta who teaches in the weekend and takes place the week after every module with the aim to elaborate and reflect upon what each student experienced and felt during and after the workshop and to offer an evolutionary space to accompany the path.

In study groups the student is offered the chance to deepen and clarify knowledge of the Biodanza theoretical model, to facilitate the drafting of the monthly reports, to clarify doubts of a vivencial or methodological nature

These study groups are led and self-organized by the students and, when requested, by the tutors or didacta of the school who provide support to the students.

Art.5 SCHOOL ATTENDANCE OBLIGATIONS

On enrolling in the school, the student receives an attendance Student book that he/she is required to have signed by the director or the teacher in charge of the module at each workshop.

Attendance at the school involves monthly meetings of approximately 15 (fifteen) hours, spread over the period of the weekend from saturday (from 10am to 6pm) to sunday (from 10am to 5pm).

It is not functional and allowed to attend only one day or the other of the weekend workshop. The presence of both saturday and sunday is required for the workshop attended to be considered valid.

It is allowed to miss only one workshop per year, (exceptions are decided case by case talking with the director), in any case the second missed workshop onward will have to be paid anyway and it will be recuperated the next following cycle, along with the other ones missed. In any case the student must inform the secretary of the school of non-attending.

Recovery of modules not attended: any module not attended can be made up in the next training cycle or, in agreement with the School Management, it can be found an individual solution.

All modules have to be signed in the student book.

Art.6 SUPERVISIONS AND QUALIFICATION EXAM AS A BIODANZA FACILITATOR/TEACHER

In order to obtain the qualification of Biodanza facilitator it is necessary, after the completion of the three-year school, to be supervised in order to learn how to lead a session as a teacher of a Biodanza group.

This supervision consists of teaching a minimum of eight sessions which will be supervised only by the supervisors recognised by the school.

The supervisions are divided into 5 group supervisions and 3 single supervisions with a maximum of once a month per supervision.

The 5 group supervisions consist of each student preparing a full session to offer to participants during the weekend group supervision. Every weekend will have maximum 4 students who present their session.

The 3 single supervisions consist of preparing a session to teach to a group during a weekly class. Only in this last case, if the supervisor/s can´t reach the place where the class is given, it will be considered valid to supervise the session via zoom.

In case, after the eight supervised sessions, the responsible supervisor's assessment reveals that there are still gaps to be filled, the management will request further supervised sessions with the same tutor/supervisor.

The trainee flyer, as well as the participation costs, must be drawn up according to the model indicated by the school.

If the student wishes to continue to teach his or her traineeship group after the eight supervised sessions, he or she (as a "biodanza teacher under supervision") may do so only by continuing receiving one monthly supervision until receiving the diploma, but he or she cannot do so, without the diploma, for longer than one year from the first supervision, otherwise the 8 methodologies will have to be repeated and he or she will not be able to continue teaching a group under the name of Biodanza.

All supervisions have to be signed in the student book.

At the end of the education (school modules + supervisions), it is mandatory to produce a monograph/final work on a subject approved by the school.

Art.7 THE MONOGRAPH PRESENTATION EXAM FOR THE QUALIFICATION AS A BIODANZA TEACHER

The monograph presentation ceremony is attended by the director of the school, the teaching board and an extra didacta from another school that belongs to the IBFed Network association.

The monograph presented by the student at the end as a final work may be of a compilative type (a reflection on a specific topic of the Biodanza theoretical model) or an experimental type (a monograph on one's own training group).

The subject of the monograph must be approved by the school management.

During the drafting of the monograph, the tutor teacher accompanying the trainee on the placement is responsible for the process, so he/she is available for feedback during the various drafts of the monograph.

For the presentation of the monograph at the titling examination a fee is raised. Please ask for information the management of the school.

Art.8 THE BIODANZA FACILITATOR DIPLOMA

Once the training programme envisaged by the school has been completed, the International Biocentric Federation (IBFed) will award the Biodanza facilitator diploma. The awarding of the diploma takes place after the presentation of the monograph. The Biodanza facilitator diploma entitles the holder to the following:

1 - to use the name "Biodanza Sistema Rolando Toro" and its trademark both registered by Prof. Rolando Toro worldwide, always considering the correct application of the Biodanza system;

2 - to apply the Biodanza system and methodology taught in the schools created by Prof. Rolando Toro through the exercises created and ordered by him in relation to his enunciation of the Biocentric principle and his Theoretical model;

3 - to exercise the profession of Biodanza teacher anywhere in the world;

4 - to create private Biodanza centres to conduct weekly courses and/or seminars of Biodanza;

5 - to conduct Biodanza groups in private or public institutions;

6 – to advertise courses through newspapers, magazines or other media.

7 – to be able to attend extentions of Biodanza worldwide

Art.9 ENROLMENT AND ATTENDANCE COSTS

- The enrolment in the Baltic Biodanza school is free as decided by the management.

- The information about the cost of attendance for each Workshop/Seminar/Supervision is given at the time of enrolment.

ART.10 CANCELLATION AND SUSPENSION FROM THE SCHOOL

If the student decides, for any reasons, to interrupt or suspend the school, he/she may do so by giving at least 2 months advice by writing an email of the school and by having a meeting with the director online or in person.

Exceptions will be taken into considerations case by case by talking with the director.

It will not be accepted and considered valid to leave the school by sending a message: this would not promote an integrated lifestyles that respect others as well as what it is taught in the school.

ART.11 DIFFERENT TRAINING COURSES (TRANSFER FROM OTHER SCHOOLS/RECONCILIATION OF COURSES)

For students coming from other schools of the IBFed-Network, it is required the Transfer authorisation from the director of the school of origin.

For students who want to transfer from this school to another one it is required as well the written authorization of the director from the school of origin.

For students who rejoin their pathway (in another school or in this school) after a period of absence in order to obtain the title of Biodanza teacher it is required:

- at the discretion of the Teachers' board and in agreement with the student, attendance of a number of workshops that will be evaluated on a case-by-case basis, in order to guarantee training coherence and didactic actualisation. Seminars that are attended again will cost the student half price.

ART.12 PERMANENT TRAINING AT THE BALTIC BIODANZA SCHOOL FOR FACILITATORS

Methods of access to the basic workshops of the school for qualified teachers:

The Baltic school of Biodanza strongly values the pathway of permanent training and to this end grants entitled teachers the following facilities:

- 50% reduction in attendance only the basic modules of the school. This reduction does not apply to trainee teachers, but only to full teachers.

Art.13 DIDACTA AND TUTORS

In the Baltic Biodanza school there are didacta who can teach school modules, supervise students during their supervisions and assist them in their final work/monography.

There are as well tutors who support students during workshops, seminars and in the preparation of their homework after each module.

The didacta and the tutors play a fundamental role in the school. They support, bring their expertise, experience and knowledge in cooperation with the director.

***“In order to build a respectful community and grow together it is important to set some rules to live in harmony, in cooperation and to receive an organic and functional asset from the Biodanza education.”***